



## **Dr. Richard Harding Completes Advanced Microwave Ablation Training in New Orleans**

*Richard J. Harding, MD, FACS expands the Thyroid Nodule Treatment Center's minimally invasive capabilities with Microwave Ablation, bringing this option to Arizona through his expertise in Radiofrequency Ablation and Nano?Pulse Ablation*

**PHOENIX - Dec. 21, 2025 - [PRLog](#)** -- Arizona Endocrine Surgery and the Thyroid Nodule Treatment Center announced today that founder **Dr. Richard Harding** has completed advanced training in **Thyroid Microwave Ablation (MWA)**, further expanding the range of minimally invasive treatment options available to patients across Arizona.

The training was conducted in New Orleans under the direction of **Dr. Emad Kandil**, Professor and Ellis Hanna Chair in Surgery at Tulane University School of Medicine. The program included observation of multiple live MWA procedures, hands?on instruction, and detailed evaluation of the technology's clinical applications.

Dr. Harding, a former U.S. Navy Commander and Fellow of the American College of Surgeons (FACS), is recognized as a pioneer of interventional thyroidology in the Southwest. He was the first surgeon in Arizona to perform **thyroid Radiofrequency Ablation (RFA)** and **Transoral Endoscopic Thyroidectomy**, offering patients scar?free alternatives to traditional surgery. The addition of MWA strengthens his commitment to providing comprehensive, non?surgical therapies for benign and autonomously functioning thyroid nodules.

"Microwave Ablation gives patients another effective way to treat thyroid nodules without invasive surgery or thyroid removal," said Dr. Harding. "Expanding these options reflects my commitment to helping patients maintain thyroid function and return to normal activity quickly."

[https://youtu.be/ArbBm5UtpQU?si=32AB3RykVf\\_m82Ev](https://youtu.be/ArbBm5UtpQU?si=32AB3RykVf_m82Ev)

Following completion of the program, Dr. Harding received a Certificate of Proficiency in Microwave Ablation. The Thyroid Nodule Treatment Center will begin offering MWA consultations immediately, with procedures scheduled to begin in early 2026.

For more information or to schedule a consultation with Dr. Richard Harding, please contact the Thyroid Nodule Treatment Center at (602) 889-2923 or visit <https://www.thyroidnodule-treatment.com>

### **About the Thyroid Nodule Treatment Center**

The Thyroid Nodule Treatment Center, located in Phoenix, Arizona, specializes in the diagnosis and treatment of benign thyroid nodules with a focus on preserving normal thyroid function. Under the leadership of Richard J. Harding, MD, FACS, the Center offers a full spectrum of advanced minimally invasive therapies—including Radiofrequency Ablation (RFA), Microwave Ablation (MWA), and Nano?Pulse Ablation (nsPFA). The mission of the Center is to provide patients with effective, non?surgical treatment options delivered in a compassionate, supportive environment, using the most current image?guided technologies available. 2320 N. Third Street, Phoenix, AZ 85004 (602) 889-2023

<https://thyroidnoduletreatment.center>

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