



## **Dr. Richard Harding Showcases Thermal Ablation Techniques at 94th Annual ATA Meeting in Scottsdale**

*At the American Thyroid Association's 94th Annual Meeting, Richard J. Harding, MD, FACS, presented "How to Start a Thermal Ablation Program," offering practical guidance on launching innovative treatments for thyroid nodules*

**SCOTTSDALE, Ariz. - Sept. 11, 2025 - [PRLog](#)** -- The American Thyroid Association (ATA) welcomed leading experts in thyroid care to its 94th Annual Meeting September 10–14, 2025 in Scottsdale, Arizona. Among the featured presenters was Dr. Richard Harding, whose contributions to the evolving field of minimally invasive thyroid treatments drew significant attention during a multidisciplinary session on *Alternative Treatment Strategies for Thyroid Nodules*.

Chaired by Drs. Kepal Patel and Kaitlyn Frazier, the session opened with a comprehensive overview of interventional technologies such as radiofrequency and microwave ablation. Dr. Harding, alongside Dr. Mayumi Endo, presented clinical insights into the application of these techniques, emphasizing their growing role in outpatient endocrine care.

Dr. Harding's presentation, **"How to Start a Thermal Ablation Program,"** offered practical guidance for institutions seeking to implement ablation therapies. His talk covered essential components including equipment selection, team training, patient eligibility, and post-procedure protocols—providing a roadmap for safe and effective program development.

"The ATA continues to be the gold standard for advancing thyroid care," said Dr. Harding. "It's an honor to contribute to a community that values innovation, collaboration, and patient-centered solutions. This year's meeting showcased how far we've come—and how much potential we still have to transform treatment pathways."

[https://www.youtube.com/watch?v=FZGCA\\_ISRDM](https://www.youtube.com/watch?v=FZGCA_ISRDM)

The session concluded with a spirited exchange with Drs. Jonathan Russell and Sareh Parangi on the merits and limitations of remote access thyroid surgery, highlighting the diversity of approaches in modern thyroid care.

Dr. Harding's participation underscores the ATA's commitment to fostering innovation and improving outcomes for patients with thyroid disease. His leadership in thermal ablation reflects a broader movement toward precision medicine and minimally invasive solutions.

About Richard J. Harding, MD, FACS

Richard J. Harding, MD, FACS is a board-certified General Surgeon and has been in private practice; performing endocrine and general surgery procedures since 1995. Dr. Harding's skill at small incision surgery and his high success rate, attract patients not only throughout Arizona, but from neighboring Utah, Nevada and New Mexico, as well as California, Canada, and Mexico. <https://azendosurg.com>

#### About Thyroid Nodule Treatment Center

The mission of the Thyroid Nodule Treatment Center (TNTC) is the preservation of normal thyroid function while treating benign symptomatic thyroid nodules using the most advanced minimally invasive treatments available. 2320 N. Third Street, Phoenix, AZ 85004 <https://www.thyroidnodule-treatment.center>

#### About American Thyroid Association (ATA)

The American Thyroid Association® (ATA) is dedicated to transforming thyroid care through clinical excellence, education, scientific discovery and advocacy in a collaborative community. <https://thyroid.org>

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Source	Thyroid Nodule Treatment Center
City/Town	Scottsdale
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Tags	<a href="#">Thyroid</a>
Link	<a href="https://prlog.org/13098890">https://prlog.org/13098890</a>



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