



## **Dr. Richard Harding Presents at North American Society for Interventional Thyroidology Meeting**

*As the Program Chair for NASIT Annual Meetings, Dr. Harding is presenting a session on Perithyroid and Deep Cervical Block, as well as sitting on the panel discussing key technologies in the field.*

**SARASOTA, Fla. - Feb. 2, 2024 - [PRLog](#)** -- Dr. Richard Harding has been evaluating and removing hundreds of thyroid glands per year for the past twenty-eight years. He is very pleased to introduce a non-surgical treatment for large benign thyroid nodules, and has performed over 90 Radiofrequency Ablation of Thyroid Nodules in the past 4 years. This new method applies internal energy to the thyroid nodules to effectively destroy problematic tissue without injuring the healthy outer thyroid gland.

The North American Society for Interventional Thyroidology (NASIT) forwards innovation, collaboration and progress. NASIT's mission is to promote safe integration of ablative technologies into clinical practice, and provide a collaborative environment that supports education and research efforts in Interventional Thyroidology.

In addition to serving as the Program Chair for NASIT, Dr. Harding is a member of distinguished organizations, including the American Association of Endocrine Surgeons, the American College of Surgeons, Arizona Chapter American College of Surgeons, Phoenix Surgical Society, Maricopa County Medical Society, and the Arizona Medical Association.

<https://youtu.be/OnnRT8X5UGg?si=MvMOICMYPeUZH24v>

Dr. Harding has taught residents in his role as Associate Professor in Surgery, Creighton University School of Medicine, Assistant Professor of Surgery, University of Arizona College of Medicine, and trainings he has provided on Thyroid Radiofrequency Ablation (RFA).

Dr. Harding has dedicated a large part of his practice to endocrine surgery. He is the first surgeon in the Southwest to perform a Transoral Endoscopic Thyroidectomy, which has the benefit of leaving no visible surgical scar. He is very familiar with the latest treatment guidelines for both thyroid and parathyroid diseases. He now also performs a Laparoscopic posterior adrenalectomy which significantly decreases recovery time for adrenal surgery conditions. For patients' convenience, many diagnostic tests and minor procedures can be performed in his office, including diagnostic ultrasound, ultrasound lymph node mapping, and ultrasound guided thyroid nodule biopsies.

Dr. Harding also treats simple and complex hernias, gallbladder disease, colon cancer, diverticulitis, and gastroesophageal reflux conditions. He performs many abdominal wall reconstructions in patients who have complex hernia conditions, usually resulting from prior surgical procedures or prior failed ventral hernia repairs.

### **About Thyroid Nodule Treatment Center**

The mission of the Thyroid Nodule Treatment Center (TNTC) is the preservation of normal thyroid function while treating benign symptomatic thyroid nodules using the most advanced minimally invasive treatments available. 2320 N. Third Street

Phoenix, AZ 85004 <https://www.thyroidnoduletreatment.center/>

#### About NASIT

The North American Society for Interventional Thyroidology (NASIT) forwards innovation, collaboration and progress. NASIT is a multidisciplinary group of physicians interested in Interventional Thyroidology.

#### Contact

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